

Report on Women's Development Cell 2017-2018



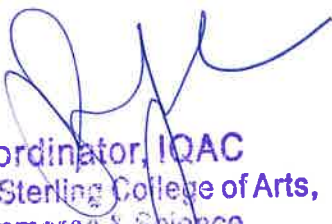
NCRD's Sterling College of Arts, Science & Commerce,

(Accredited by NAAC & Affiliated to University of Mumbai)


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ABSTRACT

The Women Development Cell (WDC) aims to promote awareness on gender equality and gender sensitization among students. During the academic year the committee encouraged the girl students and female teaching and non-teaching staff to participate in the activities exclusively organized by the committee for their development.

The cell takes the responsibility to organize awareness programmes on gender sensitization, women rights and women empowerment for the female students and staff.


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NOTICE

Date:18/09/2017

This is to inform all the college students (girls) that the women development cell would be conducting a Zumba workshop on 21st and 22nd September at 10:00 am in Auditorium. All the girl students are requested to assemble in time.


Co-ordinator WDC


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Coordinator IQAC
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O/W No. NCRD/STL/WD/206/2017

Invitation Letter

Date: 16/09/2017

To,
Ms. Zillian

Subject: Two Days workshop on Zumba

Dear Madam,

We are pleased to invite you as a guest to conduct a two days zumba workshop for our degree college students.

You are cordially invited for the workshop to be held on 20th & 21st September 2017 at 10:00 am at our college.

Your expertise and experience in your field will be great contribution to the programme and will highly benefit our students.

We look forward to a positive response from your side.

Regards,

Megha Mahajan
Women's Development Cell

NCRD Sterling College of Arts, Science and Commerce

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O/W NO. NCRD/STL/WD/209/2017

Thanking Letter

Date: 21st september 2017


To,
Ms. Zillian

Dear Madam,

On behalf of the Women's Development Cell of NCRD Sterling College of Arts, Science and Commerce, Nerul, we would like to thank you for conducting a two days zumba workshop.

It has been a pleasure working with you, we look forward to work with you in our future educational endeavours.

Regards,


Skill Development Committee

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REPORT

Title: Workshop on Zumba

Date: 20th & 21st September 2017

Venue: Auditorium

Objectives:

1. To enable the students to learn a fun aerobic workout
2. To enable the students to understand the benefits of exercise
3. To enable the students to learn a fun way of keeping active

Description:

A zumba workshop was conducted by the TYBMS student Ms. Zillian who was certified zumba trainer. She oriented the students on how zumba is also a fitness regime which can be practiced. she conducted a session for FY and SY girl students separately for one hour duration each.

Outcome and Recommendation:

The students found the workshop very interesting and showed great interest during practical session. The workshop was a success and it is recommended to conduct such workshops in future.

Participants: BMS, BAF and BCOM girls

Megha Malga
WDC

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NOTICE

Date:15/01/2018

This is to inform all the college students (girls) that the women development cell would be conducting an interactive session named as 'Ask the Gynaec' on 22nd January 2018 at 10:00 am in G4.

Attendance is compulsory.


Co-ordinator WDC


Principal

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O/W NO. NCRD/STL/WD/2/9/2018
Invitation Letter

Date: 12/01/2018

To,
Dr. Supriya lad

Subject: Workshop “Ask the Gynaec”

Dear Madam,

We are pleased to invite you as a guest for delivering a talk on women's daily hygiene, their health issues and PCOD for our degree college students.

You are cordially invited for the workshop to be held on 22nd January 2018 at 10:00 am at our college.

Your expertise and experience in your field will be great contribution to the programme and will highly benefit our students.

We look forward to a positive response from your side.

Regards,


Women's Development Cell

NCRD Sterling College of Arts, Science and Commerce

No. of Participants



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O/W No. NCRD/STL/422/2018

Thanking Letter

Date: 22nd January 2018

To,
Dr. Supriya Iad

Dear Madam,

On behalf of the Women's Development Cell of NCRD Sterling College of Arts, Science and Commerce, Nerul, we would like to thank you for delivering an informative lecture on women's daily hygiene, their health issues and PCOD.

It has been a pleasure working with you, we look forward to work with you in our future educational endeavours.


Regards,


Skill Development Committee

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REPORT

Title: Ask the Gynaec

Date: 22nd January 2018

Venue: Auditorium

Objectives:

The main objective of this workshop was to provide information about female hygiene and also to address the issues related to health and hygiene which girls students are facing.

Description:

The Cell conducted an informative and interactive session named as 'Ask the Gynaec'. The session was conducted for girls students and was convened by Dr. Supriya lad (Gynaecologist).

Outcome and Recommendation:


Dr. Supriya lad (Gynaecologist) provided a lot of essential information related to women's daily hygiene and their health issues. She gave detailed insight on women's health issues of PCOD and suggested some remedies for them. She suggested some diet plans for females going through obesity which is one of the major causes for PCOD problems.

Participants: BMS, BAF and BCOM girls

No. of Participants : 42


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PHOTOGRAPHS



Workshop “Ask the Gynaec”


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Ask the Gynec

PAGE No.	
DATE	/ /

Ankita Saktharam mane

PRATIKSHA MOHAN SHINDE

Divya Anil Dingankar

Lata Ganpat parte

Scimiksha viness shelar

Sneha Santosh Magar

Shruti Baban Bandal

Minnu Pachu Raghbar

Bhavara Sadanand Gawand

Devashree Ramesh Jangale

Anushka Vitthal Kharat

Aakanksha Ramchandra Mohite

Manasi Sunil Kasar

Pratiksha Ashok Dandie

Pallavi Narayan Khandagale

Ankita Sakthdev Jadhav

Motini Pramod Khochate

Nilam Ravindra Utekar

Neha Ramesh Patil

Muskan Shaukat Shaikh

Vaishnavi Gorakish Yewale

Megha Vijaykumar Shinde

Mridula Punturui

Rachani Gobhele

Manasi Kshirsagar

Ekta Karvali

Meenakshi Dhum

Pucham Pawar

Vrushi Pawar

Hemangi Kulk

Munisha Patel

Amane

Bhinde

Dingankar

Parte

Scimiksha

Sneha

Shruti

Minnu

Bhavara

Devashree

Anushka

Aakanksha

Manasi

Pratiksha

Pallavi

Ankita

Motini

Nilam

Neha

Muskan

Vaishnavi

Megha

Mridula

Rachani

Manasi

Ekta

Meenakshi

Pucham

Vrushi

Hemangi

Munisha

Rashmi mnm

Rashmi

Rashmi. Kulkarni

Rashmi

Nazmeen Ansari

Nazmeen

Neha Ram Singh

Neha

Sneha Gupta

Sneha

Sakshi Chavan

Sakshi

Memon Sofia

Memon

Varsha Salunke

Varsha

Roha Chavan

Roha

Mansi Mhatre

Mansi



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NOTICE

Date: 8/12/2017

This is to inform all the college students (girls) that the women development cell would be conducting a workshop on Women's Rights and legal aspects for protecting and empowering women on 12th December 2017 at 10:00 am in Auditorium 7th floor.

Attendance is compulsory.


Co-ordinator WDC


Principal


Co-ordinator WDC
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REPORT

Title: Workshop on Women's rights and legal aspects for protecting and empowering women

Date: December 12th 2017

Venue: Auditorium

Objectives:

This workshop was conducted to help the participants of the workshop to help negotiate their rights and understand the remedies available to them when rights are violated.

Description:

A workshop was conducted for girl students to make them understand about Women's Rights and legal aspects for protecting and empowering women. The Coordinators of the WDC of the college Mrs. Prasuna & Megha Mahajan have conducted this workshop to create awareness among girl students.

The students found the workshop very informative.

Outcome and Recommendation:

During the interaction with students some issue were identified such as Negative attitude towards women, Lack of awareness among women about their rights. It was recommended to conduct some more workshops to address such issues

Participants: BMS, BAF and BCOM girls

No. of Participants : 36

Megha Mahajan

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PHOTOGRAPHS



Students' group discussion during the Workshop


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Sr.No	Khan Husna Shakeel
1	Hamdulay Arma Bashir
2	Chauhan Rinki Baburam
3	Sayed Rukshar Shafi
4	Khan Firdaus Rabbani
5	Mahadik Sugandha Janardan
6	Manpreeth Kaur
7	Sharma Manju Ramesh
8	Adangale Ashwini Arvind
9	Mishra Priyanka Premshankar
10	Sharma Renu Balwan
11	Gupta Sarika Bbholanath
12	Jadhav Priti Gorakhnath
13	Shelke Priya Ramesh
14	Thorve Trupti Shantaram
15	Lad Aarti Pandharinath
16	Kothekar Sonali Pradip
17	Thakur Manali Baburao
18	Karale Manisha Balasaheb
19	Pingale Ashwini Maruti
20	Salunkhe Sheetal Sanjay
21	Jangam Komal Chandrakant
22	Dewan Pooja Suresh
23	Padwal Sunaina Sanjay
24	Shelke Aarti Shankar
25	Bhinder Ramnik Kaur Harnek Singh
26	Sartape Shraddha Arvind
27	Pagade Swati Naresh
28	Sutar Sandhya Mohanlal
29	Ambuskar Priyanka Wasudeo
30	Shivkar Qudsiya Begum Mehmood
31	Shaikh Parveen Hasan Ali
32	Shaikh Shifa Mohd. Nasim
33	Harane Madhuri Rajiv
34	Gunjal Rohini Savkar
35	Kumbhar Chaitali Nandkumar
36	Ghogare Sayali Chandrakant

misha mahajan

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NOTICE


Date:01/03/2018

This is to inform all the teaching and non – teaching female staff of NCRD's institutes that the Women Development Cell of Sterling College of Arts, Commerce and Science would be celebrating International Women's Day on 08th March 2018 at 10:00 in Auditorium.


You are cordially invited to attend the celebration.


Co-ordinator WDC


Principal


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O/W NO NCRD/STL/WD/422/2018
Invitation Letter

Date: 05/03/2018

To,
DR. Sushil Shete

Subject: **International Women's Day Celebration**

Dear Sir,

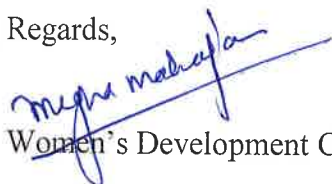
We are pleased to invite you as a guest for delivering a talk preventive measures for good health and various health problems faced by women and precautionary measures to be taken.

You are cordially invited for the celebration of International Women's Day to be held on 8th March 2018 at 10:00 am at our college.

Your expertise and experience in your field will be great contribution to the programme and will highly benefit our students.

We look forward to a positive response from your side.


Regards,


Women's Development Cell

NCRD Sterling College of Arts, Science and Commerce


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O/W No. NCRD/STL/430/2018

Thanking Letter

Date: 08nd March 2018

To,
DR. Sushil Shete

Dear Madam,


On behalf of the Women's Development Cell of NCRD Sterling College of Arts, Science and Commerce, Nerul, we would like to thank you for delivering an informative lecture on preventive measures for good health and various health problems faced by women and precautionary measures to be taken.

It has been a pleasure working with you, we look forward to work with you in our future educational endeavours.

Regards,


Women's Development Committee

NCRD Sterling College of Arts, Science and Commerce


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Report

International Women's Day Celebration

Date-8th March 2018

International Women's day was celebrated on 8th March 2018. The Women Development Cell of NCRD sterling college of commerce has taken the initiation of the activity. The program was held at Auditorium of NCRD' Sterling Institute of Management studies. All the Women employees of NCRD institutes were given an opportunity to display their talent in the form of Cultural Activities. The Following institutes of NCRD were the part of women day celebrations:

1. Sterling English School
2. Nutan Marathi Vidhyalaya
3. NCRD Sterling institute of Management studies
4. NCRD sterling institute of Pharmacy

Objectives:


- Discussion on Preventive measures for good health and various health problems faced by women and precautionary measures to be taken by Renowned Oncologist DR. Sushil Shete from Apollo hospital.
- To recognize and felicitate achievements of women faculty.
- The achievements of women faculty were duly recognized and felicitated. Guest talk on Health aspects of women was also organized.

CAO Amarjit Kharade, Trustee NCRD Dr. Ashok Patil sir and all the principals, staff of NCRD institutes gathered for the occasion.

Renowned Oncologist DR. Sushil Shete from Apollo hospital was the guest speaker. The different aspects of health issues faced by women were discussed. Preventive measures for good health and various health problems faced by women and precautionary measures to be taken were discussed.


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PHOTOGRAPHS



Staff Performing on Women's Day Celebration


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